



**www.sicardiologia.it**

The main goal of the Italian Society of Cardiology (SIC) is to promote basic and clinical research and good clinical practice in Cardiology throughout the community of Italian cardiologists and working groups.

The official website represents a shortcut to the intellectual resources that merge into SIC and provides a rapid contact to several areas of interests for research scientists and practicing cardiologists. The brand-new website is dedicated to young cardiologists, providing links to grants and scholarships for Cardiology training in Italy and

abroad. Since this new format has been released, an exponential growth in number of web-site visitors has been registered. The Italian Society of Cardiology currently plays a leading role in the fight against heart and vascular diseases, and its renewed web-site represents the ideal platform for both patients and health care professionals.

**SIC TRIBUNE - Newsletter of Italian Society of Cardiology**

The aim of the paper is to begin an interactive dialogue of the SIC, including a larger context than the scientific world alone. It is time to acknowledge new interlocutors among national and international communities, such as Italian patients, the Government, the Medical Institutions and the Media so as to spread our ideas and get valuable feedback. This is the aim of Professor Francesco Fedele, who has the role of Managing Director, with its more modern and innovative sign.

**SCHOLAR IN CARDIOLOGY**

A fellowship named “Scholar in Cardiology” has been implemented to award members of the Society, younger than 45 years, who have made outstanding contributions in clinical and/or basic cardiovascular research. Only scientific merits, as well value and originality of publications are considered. The aim is to select as excellent people, still in the ascending curve of their scientific and academic career, who are highlighting the Italian Cardiology in the international scenario. PhD Diploma is considered of particular value and an overall impact threshold.

Nominations (normally no more than five per factor of 200 is the year) are announced during the Opening Ceremony at the Annual Congress of the Society. A Committee is appointed to evaluate the applications. Since 2002, more than 40 Italian young cardiologists have been awarded.

If you interesting you can find further information on the Society web site [www.sicardiologia.it](http://www.sicardiologia.it)



*Il Cuore Siamo Noi*  
Fondazione Italiana  
Cuore e Circolazione - Onlus

The Italian Foundation Heart and Circulation is a no-profit organization, promoted by the Italian Society of Cardiology. The main Foundation goal is to increase awareness and prevention of cardiovascular disease and to support research and education.

**The Foundation fund-raising has the purpose of:**

- Fund research projects for young researchers;
- Sponsor fellowships of young cardiologists for periods of training in Italy or in Europe;

- Implement the educational mission on primary cardiovascular prevention, promoting life-style changes, Mediterranean diet as well as smoking cessation;
- Implement secondary prevention focused on the correct intake of drugs by patients with cardiovascular disease; this target will be more easily achieved also by implementing guidelines diffusion;
- Support the fight against sudden cardiac death by increasing the number of BLS-D executors also in secondary Schools, in cooperation with the Ministry of Education;
- Take part in the organization of the World Heart Day promoted yearly by the World Heart Federation and focused on cardiovascular prevention;
- Organize multicenter national or international studies;
- Promote national registries on cardiovascular disease.

**Foundation activities from 2010 to 2016 have been:**

- In 2010 started the crusade "Fight against sudden cardiac death in young people", that is still ongoing. The project was born from the cooperation with the Education, University and Research Ministry. The Cardiologists of our Foundation have performed more than 20000 ECG in the Italian schools, involving students of 10-18 years of age in almost all Italy's regions. The ECG were performed directly in the schools and transmitted to a remote interpretation centre through a Telecardiology support. Moreover, also the echocardiogram was performed in 350 students;
- In the same project "Fight against sudden cardiac death in young people", the Foundation organized BLS-D courses in the school for professors and students. More than 5000 BLS-D operators have been trained by the cardiologists of the Foundation, thanks also to the support of Roma Foundation. Professors were encouraged to spread BLS culture in the school, creating a “cascade”;
- Other BLS-D courses were performed for the Foundation members (for free), for coaches, assistant coaches, physiotherapists and managers of Legadue Basketball and for the fellows of Rotary Club;
- Five editions of a musical show, called “I Ritmi del Cuore” and a music CD called “Pulsazioni” have been realized to improve the fund-raising and support the projects in education, in research and in prevention of cardiovascular diseases. “I Ritmi del Cuore” has took place every year in December, during National Congress of the Italian Society of Cardiology;
- The Foundation has an active participation in the great event called “SANIT” - promoting the spread of cardiovascular prevention;
- From 29th November to 1st December 2012, the Foundation was at the "Salone della Giustizia" along with many political men, judges and lawyers to promote the culture of legality and the healthy life;
- In October 2012 at the Cultural Center Fondazione Ettore Majorana (in Erice, Sicily), as in 2010 and 2011, the Foundation organized a meeting between the Italian Universities and the Italian Schools of Doctorate in cardiovascular diseases. In this time, the doctorates, the professors and the tutors organized future research programs to improve the integration between the various schools of doctorate and the doctorates;

- From 16 to 30 April 2012, the Foundation organized a fund-raising campaign "It takes Heart", an information and awareness campaign in collaboration with the League Basketball, the Legadue basketball and the Social Rai. It based on the diffusion of the cardiovascular prevention through the stands, the television media (spot, RAI television) and the radio;
- On March 2012 and 2013 the Foundation participated at the Rome Marathon "Stracittadina 4 km" to demonstrate its active commitment to the prevention of cardiovascular diseases by helping to raise awareness on this topic;
- Several meetings have been organized to present the book “IL CUORE DEI GIOVANI”, written by the Foundation President, Prof. Francesco Fedele: during National Congress of the Italian Society of Cardiology (Rome, December 2012), at the sports club “Aquaniene” with the President of CONI, Giovanni Malagò (Rome , May 2013). This book approaches the young to cardiovascular prevention and it explains the sport, nutrition, smoking, alcohol abuse and drug use for the young and their parents. The proceeds of the book sales are directed to the activities of the Foundation.

**Foundation future projects are:**

- On December 2016 the Foundation will organize a musical show of charity and the proceeds will be used to support projects in education, research and prevention of cardiovascular diseases;
- Continue the cardiovascular screening in all schools of Italy and define an appropriate follow-up of the students with heart diseases;
- Continuation of BLS-D courses in the remaining regions of Italy;
- Organize BLS-D courses for football amateur associations;
- Expansion of outreach activities, training and cardiovascular prevention;
- Participation at SANIT 2016 and “Cardiorace”.

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**SIC 2016**  
ITALIAN SOCIETY OF CARDIOLOGY



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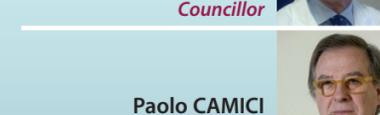
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Dear Colleagues and Friends,  
it is my pleasure to give some information on activities and challenges of the Italian Society of Cardiology, the oldest Society of Cardiology in Italy. The membership is mainly formed by cardiologists involved in clinical activities, cardiologists working in teaching hospitals (Full Professors, Associated Professors, etc), cardiologists operating in interventional cardiology, research fellows, residents in cardiology, nurses and people working in the different research fields of cardiovascular diseases.

#### We have some priorities:

- To improve the efficacy of our cultural initiatives aimed at the spreading of latest results of clinical and experimental trials which may have direct impact on clinical practice.
- To adapt teaching curricula of the "Schools of Specialization in Cardiology" in order to refine in the best possible way cardiologists of tomorrow.
- To adapt and spread at the national level the Guidelines of the European Society of Cardiology.
- To organize scientific events at the regional level and to prepare an attractive Program for the Annual Congress which will be held in Rome, December 16 - 19, 2016, at Rome Cavalieri Hotel.
- To harmonize activities of other Scientific Associations interested in selected fields of cardiology in order to improve the treatment of patients with cardiovascular diseases.
- To face the dwindled economic availabilities for scientific Congresses and research activities.
- To actively participate in the different programs of ESC.

*Prof. Francesco Romeo*  
President

## ANNUAL CONGRESS OF ITALIAN SOCIETY OF CARDIOLOGY

The Annual Congress of the Italian Society of Cardiology will take place in Rome December 16-19, 2016 in the traditional venue of Rome Cavalieri Hotel.

The Congress represents the most qualified occasion for scientific exchange and education for cardiologists, as it will cover all fields of basic, translational and clinical research in cardiology.

Traditionally the Annual Congress is devoted to the new generations. It's a great opportunity for the young cardiologists to present and share their research activities in dedicated sessions (poster and oral presentations).

#### TOPICS

- Arrhythmias
- Cardiovascular clinical pharmacology and antithrombotic drugs
- Cardiovascular imaging
- Cardiovascular prevention and rehabilitation
- Congenital heart disease, pulmonary circulation and valvular disease
- Coronary heart disease
- Diabetes and cardiovascular disease
- Gender and cardiovascular disease
- Genetics and molecular biology
- Heart failure
- Hypertension
- Interventional cardiology
- Myocardial and pericardial disease
- Observational studies and trials
- Peripheral circulation/stroke
- Training, research and telecardiology
- SIC Young Area

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The Italian Society of Cardiology wishes to reaffirm the value of the identity of the Italian Academic Cardiology and its role in the training and education of cardiologists of tomorrow. This mission should be undertaken in collaboration with the Association of Hospital Cardiologists, as future colleagues of the young fellows in the final phase of their training, that is professional activities. The Italian Society of Cardiology has to fully recover the role of research, which is mandatory in order to achieve the high clinical and teaching standards that make the Italian Society of Cardiology competitive with the major Scientific Society in Europe and worldwide.

We want to pursue these ambitions goals without neglecting a synergistic and ethical relationship with the pharmaceutical and medical Industry. This partnership may contribute to the evolutionary process of the Italian Academic Cardiology in such a crucial phase of its activities.

*Prof. Giuseppe Mercurio*  
President Elect



## FINSIC srl A BRANCH OF SIC

FINSIC covers the financial aspects and supports the Italian Society of Cardiology organization (SIC) for all the institutional activities regulated by Italian government rules. FINSIC has been working in conjunction with SIC for several years and its structure has been recently updated. Its main responsibilities are to plan and organize the activities approved by SIC board members and to herald their wide diffusion through event information. Currently, FINSIC sustains meetings and seminars organization, allows training courses for ensuring continuous medical update, and promulgates useful initiatives for maintaining advancement of knowledge in Cardiology. In addition, FINSIC edits journals, books and audio-visual supports, promotes public relations, and provides administrative and secretarial services.



*Ciro INDOLFI*  
President of FINSIC

## THE ITALIAN FEDERATION OF CARDIOLOGY



*Leonardo BOLOGNESE*  
President of Italian Federation of Cardiology

The Italian Federation of Cardiology (IFC) represents the Italian cardiology community in Europe and worldwide. It was founded in the year 2000, and it groups together the two main national cardiology societies, namely the Italian Society of Cardiology (SIC) and the Italian Association of Hospital Cardiologists (ANMCO). The IFC Board of Directors includes three members from each cardiology society. The President is appointed for three years and is alternately a representative of one of the two constituent societies.

#### The primary aims of the IFC are:

- 1) to represent the Italian cardiology community within the European Society of Cardiology and to interact with the international cardiology community;
- 2) to plan, develop and implement a common, unified policy for the promotion of:
  - optimal patient care and cardiovascular disease prevention;
  - professional continuing education programs;
  - standards and diagnostic/therapeutic guidelines;
  - relationships with local healthcare authorities and the healthcare national system.



In order to fully carry out its scientific mission, since February 2010 the Italian Society of Cardiology has endowed its structure with a Research Center. At the present time, the Research Center, coordinated by Prof. Savina Nodari and Prof. Giuseppe Ambrosio, is organized to follow clinical research project at any level: Phase I Study, Phase II-IV Study, Observational Study, Pharmacoeconomics and HTA Study, and Project with the Italian Drug Agency (AIFA). Research Center works with the highest standard for clinical research. The aim is to carry out mainly clinical research using 44 academic cardiological structures linked in a network.

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## EDUCATIONALS AND TEACHING MEETINGS

The educational and teaching activities of the Italian Society of Cardiology consist of educational, residential and e-learning courses. Topics for 2016 have been: ECG, Echocardiography, Pulmonary hypertension, Atrial fibrillation, Emergency-urgency in cardiology, heart failure and cardiomyopathies, ischemic heart disease. The Italian Society of Cardiology is provider standard for Continuous Medical Education for the National Ministry of Health.

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## REGIONAL SCIENTIFIC MEETINGS

SIC organizes the annual local meetings through the Regional Sections, in cooperation with other Societies and Working Groups. In these meetings, several topics on Cardiovascular Disease are discussed.

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## REGIONAL CHAPTERS

Each of the thirteen Regional Sections is governed by a Board, elected by members of the Region, which remains in office for two years. With the aim to have a constructive relationship with the Regional Chapters, the President of each Regional Board is invited to participate to a dedicated annual conference focused on the local projects and related expectations.

The Regional Sections have the crucial role of promoting and organizing the scientific and educational training locally, to disseminate the scientific philosophy of the Society within the young cardiologists.

## WORKING GROUPS

The Italian Society of Cardiology has actually 18 Working Groups:

- Application of magnetic resonance
- Echocardiography
- Nuclear cardiology and TAC in cardiology
- Arrhythmology
- Coronary pathophysiology and microcirculation
- Cellular and molecular biology of the heart
- Cardiotoxicity & cardioprotection
- Telecardiology and informatics
- Left and right heart failure
- Cardiomyopathies and pericardial diseases
- Gender cardiovascular diseases
- Hypertension, prevention and rehabilitation
- Pathogenesis of atherosclerosis
- Technical assistance and nursing care in cardiology
- Interventional cardiology
- Congenital heart disease
- Cardiovascular emergencies and urgencies and intensive care
- Thrombosis

The mission of a working group is to promote and organize research in specific areas with the assistance of SIC Scientific Center and Research, to favor information exchange and to contribute to the organization of the annual SIC Congress and other meetings and symposia. Each working group has a chairman, a nucleus and members selected for their competence in the specific field.

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