



### WEB SITE

**www.sicardiologia.it**  
 The main goal of the Italian Society of Cardiology (SIC) is to promote basic and clinical research and good clinical practice in cardiology throughout the community of Italian cardiologists and working groups.  
 SIC official WEB-SITE ([www.sicardiologia.it](http://www.sicardiologia.it)) is an important tool not only as it represents a short-cut to the intellectual resources merging in SIC, but also as it provides a rapid link to several areas of interests to Italian scientists and practicing cardiologists. The renewed web-site is now more friendly oriented to young cardiologists, reporting grants and fellowships for training in cardiology in Italy ad abroad, as well as work opportunities. The number of accesses to the web site is rapidly and constantly increasing. In the last two years SIC has been sending to all members a monthly newsletter about the activities of the Society and its working groups. SIC is also developing a database of videos already available on the portal within the section called sic multimedia. This includes the videos of events, namely presentations at cardiology meetings, recorded during the last year and it is freely available to all members of SIC.  
 For a Scientific Society such as SIC, playing, as it does, a leading role in the fight against heart and vascular diseases, the website is the obvious link between health care professionals and patients.



### SIC TRIBUNE

**Newsletter of Italian Society of Cardiology**  
 The aim of the paper is to begin an interactive dialogue of the SIC, including a larger context than the scientific world alone. It is time to acknowledge new interlocutors among national and international communities, such as Italian patients, the Government, the Medical Institutions and the Media so as to spread our ideas and get valuable feedback. This is the aim of Professor Francesco Fedele, who has the role of Managing Director, with its more modern and innovative sign.

**SCHOLAR IN CARDIOLOGY**  
 A fellowship named "Scholar in Cardiology" has been implemented to award members of the Society, younger than 50 years old, who have made outstanding contributions in clinical and/or basic cardiovascular research. Only scientific merits, value and originality of publications are considered. The aim is to select excellent people, still in the ascending curve of their scientific and academic career, highlighting the Italian Cardiology in the international scenario. PhD Diploma is considered of particular value and an overall impact factor of 150 is the threshold. Nominations (normally no more than five for year) are announced during the Opening Ceremony at the Annual Congress of the Society. A Committee is appointed to evaluate the applications. Since 2002 38 young cardiologists have been awarded.

### SCIENTIFIC CENTER AND RESEARCH

In order to fully carry out its scientific mission, since February 2010 the Italian Society of Cardiology has endowed its structure with a Research Center co-ordinated by Prof. G. Mercurio. At the present time, four clinical protocols are on the way while 4 more research projects are under evaluation. The aim is to carry out mainly clinical research using 44 academic cardiological structures linked in a network.



Further information can be found on the web site [www.sicardiologia.it](http://www.sicardiologia.it)

### EDUCATIONAL AND TEACHING MISSION

The educational and teaching activities of the Italian Society of Cardiology consist of educational, residential and e-learning courses in the institutional location of the Society in Rome. Topics for 2013 have been: ECG, Echocardiography, Pulmonary hypertension, Atrial fibrillation, Emergency-urgency in cardiology, Secondary cardiovascular prevention, Supraventricular arrhythmias.



The Italian Society of Cardiology has become provider for Continuous Medical Education for the National Ministry of Health for the years 2011-2013.

Further information will be present on the web site [www.sicardiologia.it](http://www.sicardiologia.it)

### REGIONAL SCIENTIFIC MEETINGS

SIC organizes the annual local meetings through the Regional Sections, in cooperation with other Societies and Working Groups. In these meetings, several topics on Cardiovascular Disease are discussed.

Further information will be present on the web site [www.sicardiologia.it](http://www.sicardiologia.it)

### WORKING GROUPS

The Italian Society of Cardiology has generated 9 Groups (Arrhythmology, Cardiovascular clinical pharmacology, Cardiovascular emergencies and urgencies, Gender cardiovascular diseases, Hypertension, prevention and rehabilitation, Interventional cardiology, Left and right heart failure, Technical assistance and nursing care in cardiology, Telecardiology and informatics) and 5 clusters (Anatomy, physiology and pathology of the cardiovascular system, Atherothrombosis, Imaging, Structural alterations of the heart, Vascular medicine) these latter from the union of two or more working groups with affinity in scientific interests. The mission of a working group or a cluster is to promote and organize research in specific areas with the assistance of SIC study center, to favor information exchange and to contribute to the organization of the annual SIC Congress and other meetings and symposia. Each working group and cluster has a chairman, a nucleus and members selected for their competence in the field. The SIC website [www.sicardiologia.it](http://www.sicardiologia.it) and the SIC newsletter provides information on each group or cluster.

### REGIONAL CHAPTERS

Each of the thirteen Regional Sections is governed by a Board, elected by members of the Region, which remains in office for two years. The Regional Board consists of a President, a Vice President, a President Elect, a Secretary - Treasurer and at least three Councillors. The Regional Sections have the crucial role of promoting and organizing the scientific and educational training locally, to disseminate the scientific philosophy of the Society within the young cardiologists.

### ITALIAN FOUNDATION HEART AND CIRCULATION Onlus

The Italian Foundation Heart and Circulation is a no-profit organization, promoted by the Italian Society of Cardiology, it has the order to increase awareness and prevention of cardiovascular disease and to support research and education. The main Foundation commitment is to promote cardiovascular health through fund-raising in order to:

- Funds for research projects for young researchers.
- Sponsor fellowships of young cardiologists for periods of training in Italy or in Europe.
- Implement the educational campaigns on primary cardiovascular prevention and promoting of the life-style changes, of the Mediterranean diet as well as the smoking cessation.
- Promote the educational campaigns focused on the correct intake of drugs by patients with cardiovascular disease in order to implement secondary prevention. This target will be more easily achieved also by implementing guidelines diffusion.
- Favor the programs of sudden cardiac death prevention by increasing the number of BLS-D executors also in secondary schools, in cooperation with the Ministry of Education.
- Take part in the organization of the World Heart Day promoted yearly by the World Heart Federation and focused on cardiovascular prevention.
- Elaborate the multicenter national or international studies.
- Promote the national registries on cardiovascular disease.

### Fondazione Italiana Cuore e Circolazione Onlus

trained as operators of BLS-D.

- At the secondary schools of the XVI city hall, the Foundation has carried out an assessment of cardiovascular diseases on 207 students of middle schools, this has been achieved thanks to the collaboration with Roma Capitale.
- On March 2012 and 2013 the Foundation has participated at the Marathon "Stracittadina 4 km" of Rome, for to demonstrate its active commitment to the prevention of cardiovascular diseases by helping to raise awareness on this topic.
- On 15th December 2012 the Foundation organized a musical show of charity at the Auditorium Park of the Music in Rome, and the proceeds was used to support the projects in education, in research and in prevention of cardiovascular diseases.
- From 29th November to 1st December 2012, the Foundation was at the "Salone della Giustizia" ([www.salonedellagiustizia.it](http://www.salonedellagiustizia.it)) along with many political men, judges and lawyers to promote the culture of legality and the healthy life.
- In October 2012 at the Cultural Center/ Foundation Ettore Majorana (in Erice, Sicily), as in 2010 and 2011, the Foundation organized a meeting between the Italian universities and the Italian schools of doctorate in cardiovascular diseases. On this occasion the doctorates, the professors and the tutors organized future research programs to improve the integration between the various schools of doctorate and the doctorates.
- Active participation in the great event called "SANIT" ([www.sanit.org](http://www.sanit.org)). The Foundation with its stand promoted the spread of cardiovascular prevention and its activities.
- During 2013 the Foundation offered to its members the opportunity to participate at the free BLS-D courses and 100 of them have joined the initiative.
- In 2013 the Foundation has organized several BLS-D courses for coaches, assistant coaches, physiotherapists and managers of Legadue Basketball: 16 Italian Legadue basketball clubs, around 60 new performers BLS-D, 3 for each team.
- Several meetings have been organized to present the book "IL CUORE DEI GIOVANI", written by the Foundation president, Prof. Francesco Fedele, among which the most important are: at the National Congress of the Italian Society of Cardiology (December 2012), at the Certosa San Lorenzo in Padula (Salerno, March 2013) with representatives of the region and the local students and at the sports club "Aquaniente" with the President of CONI, Giovanni Malagò (Rome, May 2013). This book approaches the young to cardiovascular prevention and it explains the sport, nutrition, smoking, alcohol abuse and drug use for the young and their parents. The proceeds of the sales of the book will be directed to the activities of the Foundation.

**Future projects:**

- On October 2013 it will be organize a fundraising campaign based on the diffusion of the cardiovascular prevention through stands, television media and radio.
- On December 2013 the Foundation will organize a musical show of charity at the Auditorium Park of the Music in Rome, and the proceeds will be used to support projects in education, research and prevention of cardiovascular diseases.
- Continuation of cardiological screening in all schools of Italy.
- Continuation of the courses BLS-D in the remaining regions of Italy.
- Expansion of outreach activities, training and cardiovascular prevention.

### COUNCILLORS

Cesare Fiorentini  
 Mario Mariani  
 Gianfranco Zanda

### SCIENTIFIC COUNCIL

Giuseppe Ambrosio  
 Livio Dei Cas  
 Giacomo Frati  
 Sabino Iliceto  
 Giuseppe Novelli  
 Luigi Padeletti  
 Gaetano Thiene



**ADMINISTRATIVE COMMITTEE**  
**Francesco Fedele** *President*  
**Salvatore Novo** *Past President*  
**Mario Marzilli** *Vice President*  
**Francesco Arrigo** *Secretary*



### Società Italiana di Cardiologia

# SIC 2013

ITALIAN SOCIETY OF CARDIOLOGY



SIC PATIENT CARE,  
 EDUCATION AND RESEARCH  
 «Blending tradition with innovation»

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Education and CME Committee  
Financial Committee  
Working Groups Committee  
Regional Sections Committee  
Web Site Committee  
Scientific Center and Research Committee  
F.I.C. Relation Committee

### Chairman

Cesare FIORENTINI  
Maria PENCO  
Scipione CARERJ  
Giuseppe GERMANO  
Massimo LOMBARDI  
Pasquale PERRONE FILARDI  
Matteo DI BIASE  
Matteo DI BIASE

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## SIC BOARD 2013

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| Matteo DI BIASE<br><i>President</i>           |  |
| Salvatore NOVO<br><i>Past President</i>       |  |
| Francesco ROMEO<br><i>President Elect</i>     |  |
| Maria PENCO<br><i>Vice President</i>          |  |
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| Massimo LOMBARDI<br><i>Councillor</i>         |  |
| Marco METRA<br><i>Councillor</i>              |  |
| Pasquale PERRONE FILARDI<br><i>Councillor</i> |  |
| Carmine Dario VIZZA<br><i>Councillor</i>      |  |

## PRESIDENT ADDRESS

Dear Colleagues and Friends of the European Society of Cardiology,

as the current President of the Italian Society of Cardiology (SIC), it is my pleasure to give you some information about our activities. SIC is the oldest Society of Cardiology in Italy, founded in 1936 by cardiologists with the goal of developing and diffusing cardiological research and culture in the field of prevention and treatment of cardiovascular diseases. In association with ANMCO (Association of Cardiologists, working in non-academic hospitals) SIC constituted the Italian Federation of Cardiology functioning as the interface with the European Society of Cardiology. There are about 2.500 Members registered with SIC, mainly young Cardiologists working in academic and non-academic hospitals and out-patient clinics.

The most important challenges for SIC in Italy are as follows:

1. To define the role of National Societies in terms of cultural activities, organization of clinical trials, adaptation of the European Guidelines to the local work organization and laws, collaboration with industry in developing new cardiovascular drugs and devices;
2. To organize Italian National Congress and regional meetings in order to improve the clinical and technical knowledge of physicians, nurses and all those working in the field of Cardiology. Since Italian legislation requires physicians and nurses to acquire scientific credits during congresses, this condition makes this task very important;
3. To face up to the serious financial state of affairs in Italy, as in the other European Countries, which leads to restrictions of investments in cardiovascular research and organization of Congresses and meetings, whether national or regional. The role of the National Societies of Cardiology should be redefined with the goal of channelling financial resources towards selected and well-defined topics which can be changed yearly and towards meetings of international interest and with a very, very high scientific level. In particular, in Italy, the activities of the Associations which deal with particular fields of Cardiology, like electrophysiology or interventional cardiology, should be carefully hooked up with the Italian National Societies which deal with Cardiology *in toto*.

The goal of the SIC Council in 2013 and 2014 will be to harmonize tradition, culture, research, diffusion of cardiological culture and economy. It will be a very difficult job, but we are sure that the target will be met. Meanwhile, we are defining the scientific programme for our 74<sup>th</sup> National Congress which will contain Symposia, also in co-operation with ESC, ACC and AHA, Controversial, WG activities and oral presentations or posters, selected from a large number of abstracts have already been sent to the Scientific Committee. We invite all European Cardiologists to the SIC Congress which will be held at Rome Cavalieri next December from Saturday 14<sup>th</sup> to Monday 16<sup>th</sup> 2013.

President



## THE ITALIAN FEDERATION OF CARDIOLOGY

The Italian Federation of Cardiology is an organization that represents a unified Italian Cardiology in Europe and worldwide. It was born as a federation of the major national societies, SIC (Italian Society of Cardiology) and ANMCO (National Association of Hospital Cardiologists). The board is composed of three members of SIC and three members of ANMCO. The President is alternately an expression of one of the two Societies and is being in office for three years.

The aims of IFC are:

- 1) to represent the Italian cardiological community in the ESC and in the interactions with International Cardiological Community;
- 2) to plan and conduct a common policy of development of educational and scientific programs, finalized to promote:
  - optimal care, prevention of cardiovascular diseases;
  - professional educational and continuing formation;
  - standards and diagnostic/therapeutic guidelines;
  - relationship with Health, National and local Authorities.



Francesco ROMEO  
*President of Italian Federation of Cardiology*

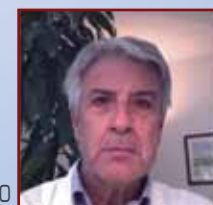
## FINSIC SRL - A BRANCH OF SIC

FINSIC was founded years ago and has recently been updated in its organization. FINSIC is operating the financial sector, aimed at supporting SIC in any institutional activity, according to Italian law.



Once the decisions have been taken by the SIC Board, FINSIC helps to organize the planned activities and works to promote communication and event information. The role of FINSIC is, therefore, to organize congresses, meetings, seminars and training courses for continuing medical update, as well as any useful initiative to promote the advancement of knowledge in Cardiology. In addition, FINSIC edits journals, books and audio-visual supports, promotes public relations, and provides administrative and secretarial services.

Giuseppe MERCURO  
*President of FINSIC*



## ANNUAL CONGRESS OF THE ITALIAN SOCIETY OF CARDIOLOGY

### Rome Cavalieri

Rome, December 14/16 - 2013

The Italian Society of Cardiology (SIC) organizes its annual Congress in Rome in the traditional venue of the Rome Cavalieri. The Congress is the top event of the scientific and educational activities of the Society and represents the landmark for the Italian Cardiology.

Our ambition and goal is that all the participants can learn new diagnostic and therapeutic approaches that can lead to improvement of clinical care. We have received a large amount of proposals for scientific events, as evidence of the vibrancy of our scientific society. The most significant and qualifying contributions from the Regional Sections and from the Working Groups are expected, as they represent, the most advanced and active components of the Society in the wide field of cardiovascular research.

We strongly believe that's crucial to speed up the process of cultural sharing through increasingly articulated scientific initiatives from the different cardiological professional realities.

With this hope, joint sessions focusing scientific and organizational problems will be proposed in the perspective of a dialogue with other national and international Societies to develop research and care oriented to the growth in the important cardiological field.

Further information can be found on the home page web site [www.sicardiologia.it](http://www.sicardiologia.it)

SIC  
**2013**  
ITALIAN SOCIETY OF CARDIOLOGY

## CONGRESS COMMITTEE

Chairman: Cesare FIORENTINI  
Members: Luigi MELONI, Pasquale PERRONE FILARDI, Giuseppe ORETO, Carmine Dario VIZZA



SIC PATIENT CARE,  
EDUCATION AND RESEARCH  
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Società Italiana di Cardiologia

## SCIENTIFIC AND TECHNICAL COMMITTEE

|  |                      |
|--|----------------------|
| ARRHYTHMIAS  | Firenze GAITA        |
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| CORONARY HEART DISEASE   | Corrado VASSANELLI   |
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| GENETICS AND MOLECULAR BIOLOGY                                       | Maurizio MARGAGLIONE |
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| HEART FAILURE  | Savina NODARI        |
| HYPERTENSION   | Giuseppe GERMANO     |
| MYOCARDIAL AND PERICARDIAL DISEASE                                   | Gianfranco SINAGRA   |
| CARDIOVASCULAR PREVENTION AND REHABILITATION                         | Antonello GANAU      |
| OBSERVATIONAL STUDIES AND TRIALS                                     | Mario MARZILLI       |
| PERIPHERAL CIRCULATION/STROKE  | Marco Matteo CICCONE |
| YOUNG SIC AREA   | Giuseppina NOVO      |