

**www.sicardiologia.it**

The main goal of the Italian Society of Cardiology (SIC) is to promote basic and clinical research and good clinical practice in cardiology throughout the community of Italian cardiologists and working groups. SIC official WEB-SITE ([www.sicardiologia.it](http://www.sicardiologia.it)) is an important tool not only as it represents a short-cut to the intellectual resources merging in SIC, but also as it provides a rapid link to several areas of interests to Italian scientists and practicing cardiologists. The number of accesses to the web site is rapidly and constantly increasing. In the last two years SIC has been sending to all members a monthly newsletter about the activities of the Society and its working groups. SIC is also developing a database of videos already available on the portal within the section called SIC Multimedia. This includes the videos of events, namely presentations at cardiology meetings, recorded during the last year and it is freely available to all members of SIC.

## SIC TRIBUNE

**Newsletter of  
Italian Society of Cardiology**

The aim of the paper is to begin an interactive dialogue of the SIC, including a larger context than the scientific world alone. It is time to acknowledge new interlocutors among national and international communities, such as Italian patients, the Government, the Medical Institutions, and the Media so as to spread our ideas and get valuable feedback. This is the aim of Prof. Francesco Fedele, who has the role of Managing Director, with a more modern and innovative mark.

## Scholar In Cardiology

A fellowship named “Scholar in Cardiology” has been implemented to award members of the Society, younger than 50 years old, who have made outstanding contributions in clinical and/or basic cardiovascular research. Only scientific merits, value and originality of publications are considered. The aim is to select excellent people, still in the ascending curve of their scientific and academic career, highlighting the Italian Cardiology in the international scenario. PhD Diploma is considered of particular value and an overall impact factor of 150 is the threshold. Nominations (normally no more than five per year) are announced during the Inaugural Ceremony at the Annual Congress of the Society. A Committee is appointed to evaluate the applications. Since 2002, 35 young cardiologists have been awarded.

## SCIENTIFIC CENTER AND RESEARCH

In order to fully carry out its scientific mission, the Italian Society of Cardiology (SIC) must have a dynamic and well organized Research Center. Since February 2010, the strengthening of the Research Center has been the objective of the Commission

## EDUCATIONAL AND TEACHING MISSION

The educational and teaching activities of the Italian Society of Cardiology consist of educational, residential and e-learning courses in the institutional location of the Society in Rome. Topics for 2012 have been: ECG, Echocardiography, Pulmonary hypertension, Atrial fibrillation, Emergency-urgency in cardiology, Cardio-oncology, Cardiomyopathies, Magnetic resonance imaging in cardiology, Secondary cardiovascular prevention, Supraventricular arrhythmias. The Italian Society of Cardiology has become provider for Continuous Medical Education for the National Ministry of Health for the years 2011-2012.

## WORKING GROUPS

The Italian Society of Cardiology has generated 7 groups and 8 clusters, these latter from the union of two or more working groups with affinity in scientific interests. The mission of a working group or a cluster is to promote and organize research in specific areas, to favor information exchange and to contribute to the organization of the annual SIC congress and other meetings and symposia. Each working group and cluster has a chairman, a nucleus and members selected for their competence in the field.

## REGIONAL CHAPTERS

The thirteen Regional Sections are governed by a Board, elected by members of the Region, which remains in office for two years. The Regional Board consists of a President, a Vice President, a President elected, a Secretary-Treasurer and at least three councilors.

The Regional Board is responsible for promoting and organizing the scientific and educational training in his region.

**ITALIAN HEART AND  
CIRCULATION FOUNDATION - Onlus**

The Italian Heart and Circulation Foundation is a non-profit organization, promoted by the Italian Society of Cardiology in order to increase awareness and prevention of cardiovascular disease and to support research and education.

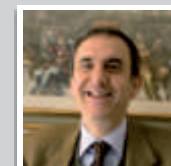
The main Foundation commitment is to promote cardiovascular health through fund-raising in order to:

- Fund research projects of young researchers;
- Sponsor fellowships of young cardiologists for periods of training in Italy or in Europe;
- Implement educational campaigns on primary cardiovascular prevention promoting life-style changes, the Mediterranean diet as well as smoking cessation. This aim will be achieved also through interaction with the Ministry of Health and Ministry of Education to promote educational programs in Schools;
- Promote educational campaigns focused on the right intake of drugs by patients with cardiovascular disease in order to implement secondary prevention. This target will be more easily achieved also by implementing guidelines diffusion;
- Favor sudden death prevention programs by increasing the number of BLS-D executors also in secondary Schools, in cooperation with the Ministry of Education;
- Take part in the organization of the World Heart Day promoted yearly by the World Heart Federation and focused on cardiovascular prevention;
- Elaborate multicenter national or international studies;
- Promote national registries on cardiovascular disease.

*Activities in 2010/2012:*

- Organization of additional courses BLS-D involving professors and high school students with the active involvement of cardiologists from University;
- Promotion of First Aid Courses (BLS) without AEDs by Professors and Students who have already played the course BLS-D, which can interact "cascade" with their colleagues working with dummies made of rubber;
- Teleconference so that each "Heart Lesson" performed by an academic Cardiologist is sent to more schools joined together in large multimedia classrooms. After the "Heart Lesson" an academic Cardiologist can open an interactive discussion with Professors and Students;
- Development of a "Pilot Project" of Telemedicine to carry out an ECG screening for high school students. The ECG tracing could be performed by cardiologist and transmitted to a remote reading center;
- Participation in the organization of the "Heart World Day" in cooperation with the Italian Society of Cardiology;

## ADMINISTRATIVE COMMITTEE



Francesco Fe  
President

**Salvatore Novo**  
*Past President*

**Mario Marzilli**  
*Vice-President*

**Francesco Arrigo**  
*Secretary*

## COUNCILLORS

**Cesare Fiorentini**  
**Mario Mariani**  
**Gianfranco Zanda**

SCIENTIFIC  
COUNCIL

**Giuseppe Ambrosio  
Livio Dei Cas  
Giacomo Frati  
Sabino Illiceto  
Giuseppe Novelli  
Luigi Padeletti  
Gaetano Thiene**



**Fondazione Italiana  
Cuore e Circolazione - Onlus**

**ITALIAN SOCIETY  
OF CARDIOLOGY**

- The campaign of "Fight against sudden cardiac death in young people", began in 2010, has been continued. They have been made 8000 ECG on Italian students of IV and V classes of 85 schools of Italian regions: Lombardia, Piemonte, Veneto, Toscana, Abruzzo, Lazio, Calabria and Sicilia. From 16th to 30th April 2012 was organized a fundraising campaign based on the diffusion of the cardiovascular prevention through stand, television media (spot, RAI television) and radio;
- The Foundation has organized several courses of BLS-D (Basic Life Support with Defibrillation) for the Rotary Club Paroli Rome and Rotary Leonardo da Vinci thanks to the participation of cardiologists of the Department of Cardiovascular, Respiratory, Nephrology and Geriatric Diseases - University of Rome "Sapienza";
- Within the program of the "Fight against sudden cardiac death in young people", the Foundation organized new courses of BLS-D for training professors and students of the Italian schools. These courses have been made in 117 Italian schools, specifically in some Italian regions: Lombardia, Piemonte, Emilia Romagna, Toscana, Marche, Lazio, Molise, Basilicata, Puglia, Calabria, Sicilia and Sardegna. Totally they have been trained 243 professors and 246 students as operator of BLS-D. A conclusion of the project the Foundation will donate 13 Defibrillators, one for each school which was the seat of BLS-D courses;
- On 18th March 2012 the Foundation has participated, with its medical supporters, at the Marathon "Stracciadina 4 km" of Rome, to demonstrate its active commitment to the prevention of cardiovascular diseases by helping to raise awareness on this topic. In that occasion the Foundation has found many supporters who attended the event and supported the Foundation's projects.
- Future projects:
  - a) Like last year, on 15th December 2012 the Foundation will organize a musical show of charity at the Auditorium Park of the Music in Rome, and the proceeds will be used to support projects in education, research and prevention of cardiovascular diseases;
  - b) From 29th November to 1st December 2012, the Foundation will be at the "Salone della Giustizia" ([www.salonedellagiustizia.it](http://www.salonedellagiustizia.it), Nuova Fiera di Roma) along with many political men, judges and lawyers to promote the culture of legality;
  - c) In October 2012 at the Cultural Center/ Foundation Ettore Majorana (Erice, Sicily), as in 2010 and 2011, it'll organize a meeting between the Italian universities and the Italian schools of doctorate in cardiovascular diseases. On this occasion the doctorates, the professors and the tutors will organize future research programs to improve the integration between the various schools of doctorate and the doctorates.

SIC PATIENT CARE,  
EDUCATION AND RESEARCH  
*(Blending tradition with innovation)*



**Società Italiana  
di Cardiologia**



## Ad-hoc Committees

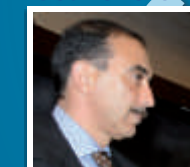
CONGRESS COMMITTEE  
EDUCATION AND CME COMMITTEE  
FINANCIAL COMMITTEE  
WORKING GROUPS COMMITTEE  
REGIONAL SECTIONS COMMITTEE  
SCIENTIF CENTER AND RESEARCH COMMITTEE  
F.I.C. RELATION COMMITTEE  
WEB SITE COMMITTEE

Chairman:

CORRADO VASSANELLI  
MARIA PENCO  
CLAUDIO BRUNELLI  
GIUSEPPE GERMANÒ  
SCIPIONE CARERJ  
GIUSEPPE MERCURO  
SALVATORE NOVO  
MARCO METRA

## SIC Board 2012

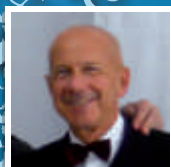
### Councillors



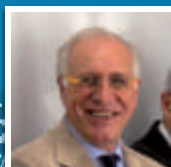
Claudio Brunelli



Scipione Carerj



Antonio Gaglione



Fiorenzo Gaita



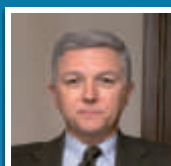
Giuseppe Germanò



Marco Metra



Salvatore Novo  
President



Paolo Marino  
Past President



Maria Penco  
Vice President



Anna V. Mattioli  
Secretary



Corrado Vassanelli  
Treasurer

## SIC Staff 2012



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alessandra.bazzani@siccardiologia.it



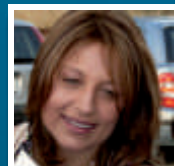
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## President address



### Dear Colleagues and Friends,

As President of the Italian Society of Cardiology it is my great pleasure to address the European and international Cardiologists participating in the Congress of the European Society of Cardiology, this year held in Munich (August 25th - 29th, 2012), through this brochure that summarizes the history and the activities of the Italian Society of Cardiology - SIC.

The Italian Society of Cardiology is the most ancient cardiological Society in Italy; it was founded in 1936 from academic Cardiologists and has more than 3.000 associates prevalently working in the University but also in other Hospitals and Institutions linked to the University.

Together with the National Association of Cardiologists working in Hospitals (ANMCO) founded in 1998 the Italian Federation of Cardiology, including also several Associations of cardiological subspecialties that represent the interface of all the Italian Cardiologists, more than 10.000, with the European Society of Cardiology and the International Societies.

The Italian Cardiology represents today in Europe and in the World an area of excellence and certainly contributes consistently to the success of the Congress of the European Society of Cardiology both in terms of scientific contribution as well as of number of Cardiologists participating.

The Congress of the Italian Society of Cardiology this year will be held in Rome, at the Rome Cavalieri, from Saturday December 15th to Monday December 17th and the program is just finalized and available on SIC web site: [www.siccardiologia.it](http://www.siccardiologia.it).

This program includes national and international Lectures, Symposia also in cooperation with the ESC, the ACC, the AHA, with several other Italian scientific Societies and the WGs of SIC, Debates, Controversial, Hot Lines, Live Sessions on Interventional Cardiology, discussion of Clinical cases as well as Highlights Sessions with recent published international papers, entirely organized by young researcher under 40 years, Sessions devoted to Award Prize for young Investigators, as well as about 1.000 free communication and posters.

Topics that will be discussed are: molecular biology and genetics, risk factors and cardiovascular prevention, ischemic heart diseases, heart failure, cardiovascular imaging, rhythm disorders, electrophysiology and stimulation, valvular heart disease, interventional cardiology, congenital heart disease, learning courses with simulators and so on.

The organization of a so big Congress of scientific excellence has been possible through the cooperation of an "ad-hoc Commission" working with two techno-scientific Committees and we hope it will be successful and appreciated by the community of Cardiologists.

An actual effort of the SIC consists in developing a Center for Studies and Research to perform multicenter studies and in organizing both intramoenia and e-learning Courses of continuous cardiological education as well as encouraging the organization of local scientific events by the Regional Sections of the Society.

Today the Research Centre of the Italian Society of Cardiology is coordinating three international studies: the CANTOS (Canakinumab Anti-inflammatory Thrombosis Outcomes Study) on the effect of subcutaneous Canakinumab injection to prevent cardiovascular events among stable post-myocardial infarction patients with elevated levels of hsCRP, sponsored by Novartis Farma; the ADREVIEW, an Italian observational prospective study on the evaluation of cardiac sympathetic denervation, assessed with 123-Iodine Metaiodobenzylguanidine Imaging, as predictor of Ventricular Arrhythmias in Implantable Cardioverter-Defibrillator Patients supported by GE Healthcare; and the EASY-R a study on the Efficacy and Safety of Ranolazine before elective PCI, sponsored by Menarini International, as well as the Heart Failure Long-Term Registry of the European Society of Cardiology.

*Corrado Vassanelli*

President

## ITALIAN FEDERATION OF CARDIOLOGY

The Italian Federation of Cardiology is an organization that represents a unified Italian Cardiology in Europe and worldwide. It was born as a federation of the mayor national societies, SIC (Italian Society of Cardiology) and ANMCO (National Association of Hospital Cardiologists). The board is composed of three members of SIC and three members of ANMCO. The President is alternately an expression of one of the two Societies and he remains in office for three years.



Francesco Romeo  
President of  
Italian Federation of Cardiology

The aims of FIC are:

- 1) to represent the Italian cardiological community in the ESC and in the interactions with International Cardiological Community;
  - 2) to plan and conduct a common policy of development of educational and scientific programs, finalized to promote:
- optimal care, prevention of cardiovascular diseases;
  - professional educational and continuing formation;
  - standards and diagnostic/therapeutic guidelines;
  - relationship with Health, National and local Authorities.
- to involve the Directors of some hospital cardiology centers of excellence as teachers in post graduate schools of cardiovascular diseases



## FINSIC a branch of SIC

FINSIC was founded years ago and recently updated. FINSIC is the operative, financial branch aimed at supporting SIC in any institutional activity, according to the Italian law.



Matteo di Biase  
President of FINSIC

Once decisions have been taken by the SIC board, FINSIC, its financial branch, will help organize the planned activities, and will operate to promote communications and spread information about the events. The FINSIC role is therefore to implement congresses, meetings, seminars, and educational courses for continuing medical updating, and any other initiative useful to promote progress in knowledge in Cardiological fields. In addition, FINSIC edits journals, books and audiovisual supports, promotes public relationships enhancement, and provides administrative and secretarial services.

## 2012 ANNUAL CONGRESS



**Annual Congress of the Italian Society of Cardiology**  
Rome Cavalieri  
Rome, December 15/17 - 2012

The Italian Society of Cardiology (SIC) organizes its annual Congress in Rome in the traditional venue of the Rome Cavalieri. The Congress is the top event of the scientific and educational activities of the Society and represents the landmark for the Italian Cardiology.

Our ambition and goal is that all the participants can learn new diagnostic and therapeutic approaches that can lead to improvement of clinical care. We have received a large amount of propo-

sals for scientific events, as evidence of the vibrancy of our scientific society. The most significant and qualifying contributions from the Regional Sections and from the Working Groups are expected, as they represent, the most advanced and active components of the Society in the wide field of cardiovascular research.

We strongly believe that's crucial to speed up the process of cultural sharing through increasingly articulated scientific initiatives from the different cardiological professional realities. With this hope, joint sessions focusing scientific and organizational problems will be proposed in the perspective of a dialogue with other national and international Societies to develop research and care oriented to the growth in the important cardiological field.

### Scientific and Technical Committee

ARRHYTHMIAS  
INTERVENTIONAL CARDIOLOGY  
CORONARY HEART DISEASE  
CONGENITAL HEART DISEASE,  
PULMONARY CIRCULATION AND VALVULAR DISEASE  
DIABETES AND CARDIOVASCULAR DISEASES  
CARDIOVASCULAR CLINICAL PHARMACOLOGY  
AND ANTITHROMBOTIC DRUGS  
TRAINING, RESEARCH AND TELECARDIOLOGY  
GENETICS AND MOLECULAR BIOLOGY  
CARDIOVASCULAR IMAGING  
HEART FAILURE  
HYPERTENSION  
MYOCARDIAL AND PERICARDIAL DISEASE  
CARDIOVASCULAR PREVENTION AND REHABILITATION  
OBSERVATIONAL STUDIES AND TRIALS  
PERIPHERAL CIRCULATION/STROKE  
YOUNG SIC AREA

### Scientific and Technical Committee for Industry-supported symposia

Nuclear Cardiology and PET  
Thrombosis  
Echocardiography  
CT and NMR  
Electrophysiology  
Cardiac catheterization and interventional cardiology  
Heart Failure  
Drug Treatment

Alessandro Capucci  
Corrado Tamburino  
Giuseppe Specchia

Fernando Picchio  
Francesco Cosentino

Vittorio Pengo  
Igino Genuini  
Maurizio Margaglione  
Paolo Marino  
Savina Nodari  
Giuseppe Germanò  
Gianfranco Sinagra  
Antonello Ganau  
Pasquale Perrone Filardi  
Alberto Balbarini  
Gianluca Di Bella

Paolo Camici  
Raffaele De Caterina  
Vitanonio Di Bello  
Cesare Fiorentini  
Fiorenzo Gaita  
Ciro Indolfi  
Marco Metra  
Salvatore Novo

## CONGRESS COMMITTEE

**Chairman:**  
Corrado Vassanelli  
**Members:**  
Paolo Golino  
Giuseppe Oreto  
Francesco Romeo  
Gaetano Thiene