

2010

Italian Society of Cardiology



2010

SIC PATIENT CARE,  
EDUCATION  
AND RESEARCH

[ *Blending tradition  
with innovation* ]



SIC - SOCIETÀ ITALIANA DI CARDIOLOGIA

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MARINO

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GIUSEPPE  
MERCURO

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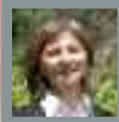
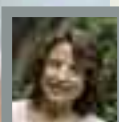
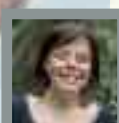
GIUSEPPE MERCURO

## F.I.C. RELATION COMMITTEE

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## SIC Staff

Alessandra Bazzani  
scientific secretariat  
alessandra.bazzani@sicardiologia.itElena Caporale  
scientific secretariat  
elena.caporale@sicardiologia.itLaura Pelargonio  
scientific secretariat  
laura.pelargonio@sicardiologia.itLaura Stasi  
scientific secretariat  
laura.stasi@sicardiologia.itAntonella Amiconi  
administration secretariat  
antonella.amiconi@sicardiologia.itMarilena Forni  
administration secretariat  
marilena.forni@sicardiologia.itRaffaele Cirillo  
secretariat assistantSIC Rome, Via Po 24  
Tel. (+39) 06 85355854  
Fax (+39) 06 85356799  
www.sicardiologia.it

## President address to European Cardiologists



“Dear colleagues and friends,  
It is with great pleasure that I have accepted the opportunity to address the International Cardiological Community as President of the Italian Society of Cardiology (SIC) through this brochure which SIC traditionally issues during the Congress of the European Society of Cardiology. SIC, which was founded in 1956, represents the soul of the academic Cardiology in Italy. It is supported by more than 3200

associates spread around the country, not necessarily all working in academic Institutions but certainly linked to the University realm because of personal and/or professional connections. In recent years SIC has been asked to be part of the Italian Federation of Cardiology (FIC) where the human resources from the academic community cooperate with those from the national hospital counterpart (ANMCO) in order to build an interface for the international partners, particularly the European ones. Since then the process of cooperation has continued, with accelerations and slow downs but in the full conviction that Italian Cardiology as a whole represents an area of acknowledged excellence all over the world. In fact, the Italian Cardiological Community has consistently contributed to the success of the previous European Congresses of Cardiology.

At the moment the Italian Society of Cardiology is in the process of finalizing the program of its traditional annual Congress, the 71st this year, which will be held in Rome from December 11th to 13th with the contribution of national and international lecturers, discussing topics such as ischemic heart disease, cardiovascular imaging, genetics, molecular biology, congenital diseases, rhythm disorders, congestive heart failure, diabetes and prevention.

It will be a Congress of excellence as a result of the virtuous synergy among the many experts that have been contributing to the program. Only a strenuous, coordinated and sincere effort can in fact further push our national cardiological community to even greater success and fortune in the cardiological world.

As President of SIC my wish is that such coordinated efforts will continue in order to make SIC stronger and more contributive to the challenges faced by the cardiological community in the near future to guarantee prosperity and success.”

Paolo Marino  
President

## THE ITALIAN SOCIETY OF CARDIOLOGY AND THE ITALIAN FEDERATION OF CARDIOLOGY

The Italian Society of Cardiology adheres to the Italian Federation of Cardiology (FIC), whose role is: 1) to coordinate initiatives and projects in the cardiovascular field, 2) to present uniform position to regulatory authorities, and 3) to represent Italy in the international context. We firmly believe that FIC will more and more become an instrument to coordinate all Italian Cardiological groups.



SOCIETÀ ITALIANA DI CARDIOLOGIA

## THE ITALIAN SOCIETY OF CARDIOLOGY-SIC

### A historical note

The Italian Society of Cardiology was officially born on March 20, 1956, when Luigi Condorelli as president and Vittorio Puddu as secretary signed the official act in front of a public notary. An Italian Cardiological Group, however, had been active since 1935, thanks to a small group of pioneers which started regular meetings and publications focused on Heart Diseases.



Francesco Romeo  
President of FINSIC

## FINSIC srl a branch of SIC

FINSIC was founded years ago and recently updated (see article 14 of SIC statute). FINSIC is the operative, financial branch aimed at supporting SIC in any institutional activity.

Once decisions have been taken by the SIC board, FINSIC, its financial branch will help organize the planned activities, and will operate to promote communications and spread information about the events. The FINSIC role is therefore to implement congresses, meetings, seminars, and educational courses for continuing medical updating, and any other initiative useful to promote progress in knowledge in Cardiological fields. In addition, FINSIC edits journals, books and audiovisual supports, promotes public relationships enhancement, and provides administrative and secretarial services.

# ANNUAL CONGRESS

## ANNUAL CONGRESS of the Italian Society of Cardiology

Rome Cavalieri  
Rome, December 11/13 - 2010

The Italian Society of Cardiology organizes its annual Congress in Rome in the traditional venue of the Rome Cavalieri. The Congress is the culmination of the scientific and educational activity of the Society and is a reference point for the Italian Cardiology.

Our ambition and goal is that all the participants will be able to learn new diagnostic and therapeutic approaches that can be reflected in a better quality of clinical care. We have received a lot of proposals for scientific events, as evidence of the vivacity of our scientific society. We expect the most significant and qualifying contributions from the Regional Sections and from the Study Groups, as they represent, particularly the latter, the most advanced points of the Society in the wide field of cardiovascular research.

We must accelerate the process of cultural sharing through more and more articulated scientific initiatives among the different cardiological professional realities. With this hope, joint sessions about scientific and organizing problems will be proposed in the perspective of a dialogue with other cardiological national and international societies to develop research and care oriented toward Cardiological growth.

Further information can be found on the home page web site [www.sicardiologia.it](http://www.sicardiologia.it)

# 2010

## Scholar In Cardiology

Since 2002, a fellowship named "Scholar in Cardiology" has been awarded to members of the Society, younger than 50, who have made outstanding contributions in clinical and/or basic cardiovascular research. Only scientific merits, value and originality of publications are considered. The aim is to select excellent people, still in the ascending curve of their scientific and academic career, highlighting the Italian Cardiology in the international scenario. PhD Diploma is considered of particular value and an overall impact factor of 150 is the threshold. Nominations (no more than five per year) are announced during a special ceremony at the Annual Congress of the Society. A Committee of the Board of the Society is appointed to evaluate the applications.

Further information can be found on web site [www.sicardiologia.it](http://www.sicardiologia.it)



Rome, Via Po 24  
Tel. +39 06 85355854  
Fax +39 06 85356799  
[www.sicardiologia.it](http://www.sicardiologia.it)

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GRAPHIC DESIGN  
COMPOSITION  
AND REALIZATION  
ALESSANDRA NELLI  
[a.nelli@macfactory.it]

PHOTOGRAPHY:  
PAOLO CAPRIOLI  
[pao.caprioli@gmail.com]

TYPOGRAPHY:  
EUROGRAF SUD S.R.L.  
Via delle Grotte, 11  
00040 Ariccia (RM)  
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## SCIENTIFIC CENTER AND RESEARCH

In order to fully carry out its scientific mission, the Italian Society of Cardiology (SIC) must have a dynamic and well organized Research Center. Since February 2010, the strengthening of the Research Center has been the objective of the Commission for Research, coordinated by Prof. Giuseppe Mercurio, with the position of Director assigned to dr. Roberto Marchioli and the



establishment of new headquarters in Rome. The objective of SIC is to invest more in research, involving all the available expertise in cultural initiatives and scientific projects, starting from its Working Groups.

Further information can be found on the home page web site [www.sicardiologia.it](http://www.sicardiologia.it)

## EDUCATIONAL AND TEACHING MISSION

Also during this year teaching events will be held in the institutional location of the Italian Society of Cardiology in Rome. Topics will be: ECG, Ecocardiography, Arrhythmology fellowship for Medical Doctors specializing in cardiology, emergency-urgency in cardiology, phlebology in cardiology, atrial fibrillation in the child and stem cells. The Italian Society of Cardiology is to become provider for Continuous Medical Education for the National Ministry of Health.

Further information will be present on the web site [www.sicardiologia.it](http://www.sicardiologia.it) (page list of institutional initiatives)



### REGIONAL SCIENTIFIC MEETINGS

SIC organizes the annual local meetings through the Regional Sections, in cooperation with other Societies and Study Groups. In these meetings, several topics on Cardiovascular Disease are discussed.

On the home page of this web site is where the SIC MULTIMEDIA on-demand events that took place last year are shown. This aims at providing more information to their members

### WORKING GROUPS

The Italian Society of Cardiology has generated 30 working groups. The mission of a working group is to promote and organize research in specific areas, to favour information exchange and to contribute to the organization of the annual SIC congress and other meetings and symposia. Each working group has a chairman, a nucleus and members selected for their competence in the field. The SIC website [www.sicardiologia.it](http://www.sicardiologia.it) provides information on each group.

### REGIONAL CHAPTERS

The Regional Chamber is governed by a Board of Directors, elected by secret ballot by members of the Chamber, which remains in office for two years. The Regional Board consists of a Chairman who shall hold office for two years, a Vice President, a Secretary-Treasurer and at least three directors and it consists of a minimum of seven to a maximum of eleven members.

Further information will be present on the web site [www.sicardiologia.it](http://www.sicardiologia.it)

## ITALIAN FOUNDATION HEART AND CIRCULATION-ONlus

The Italian Foundation is a non-profit organization, promoted by the Italian Society of Cardiology in order to increase awareness and prevention of cardiovascular disease and to support research and education. The main Foundation commitment is to promote cardiovascular health through fund-raising in order to:

- Fund research projects of young researchers;
- Sponsor fellowships of young cardiologists for periods of training in Italy or in Europe;
- Implement educational campaigns on primary cardiovascular prevention promoting life-style changes, the mediterranean diet as well as smoking cessation. This will be achieved also through interaction with the Ministry of Health and Ministry of Education to promote educational programs in Schools;
- Promote educational campaigns focussed on the right intake of drugs by patients with cardiovascular pathology in order to implement secondary prevention. This target will be more easily achieved also by implementing guidelines diffusion;
- Favour sudden death prevention programs by increasing the number of BLS-D executors also in secondary Schools, in cooperation with the Ministry of Education;
- Participate in the organization of the World Heart Day promoted yearly by the World Heart Federation and focussed on cardiovascular prevention;
- Elaborate multicenter national or international studies;
- Promote national registers on cardiovascular disease.

### Activities in 2010:

- Organization of additional courses BLS-D involving professors and high school students with the active involvement of cardiologists from University Faculty;
- Promotion of First Aid Courses (BLS) without AEDs by Professors and Students who have already played the course BLS-D, which can interact "cascade" with their colleagues working dummies made of rubber;
- Teleconference (via Internet) so that each "Heart Lesson" performed by an academic Cardiologist is sent to more schools joined together in large multimedia classrooms. After the "Heart Lesson" an academic Cardiologist can open an interactive discussion with the Professors and Students
- Development of a "Pilot Project" of Telemedicine to carry out an ECG screening for high school students. The ECG tracing could be performed by medical schools and transmitted to a remote reading center.
- Participation in the organization of the "Heart World Day" in cooperation with the Italian Society of Cardiology (September 26th)

### ADMINISTRATIVE COMMITTEE SCIENTIFIC COUNCIL

Salvatore Novo *President*  
Mario Marzilli *Vice-President*  
Maria Penco *Secretary*

Francesco Arrigo  
Livio Dei Cas  
Roberto Ferrari  
Mario Mariani

Giuseppe Ambrosio  
Filippo Crea  
Germano Di Sciascio  
Sabino Iliceto  
Francesco Romeo  
Gaetano Thiene  
Gian Paolo Trevi

## WEB SITE [www.sicardiologia.it](http://www.sicardiologia.it)



**T**he main goal of the Italian Society of Cardiology (SIC) is to promote basic research and good practicing in cardiology throughout the Italian cardiological community by coordinating the activity of several working groups. SIC official WEB-SITE ([www.sicardiologia.it](http://www.sicardiologia.it)) is becoming an important tool to accomplish this important objective not only representing a short-cut

to the intellectual resources merging in SIC, but also providing Italian scientists and practicing cardiologists with a rapid link to several areas of interests. The number of accesses to the web site is rapidly and constantly increasing with a significant access peak during the annual meeting abstract submission. For two years the Italian Society of Cardiology has been sending to all members a bi-monthly newsletter about the activities of the Society and the most visited sections of the portal. The Italian Society of Cardiology is also developing a database of videos already available on the portal within the section called sicmultimedia. This service included the videos of events recorded last year and is free to all members. For a Scientific Society such as SIC, playing, as it does, a leading role in the fight against heart and circulatory disease, the website is the obvious link between health care professionals and patients. Moreover, it represents a fundamental tool to promote research and funding for young investigators.

### SIC MONOGRAPH

SIC has published a yearly monograph for eleven years. The monograph is distributed free of charge during the Annual Congress and this year will be entitled "Tradition and innovation: History through the Presidents of the Italian Society of Cardiology". With this work we wish to go over the history of the Italian Society of Cardiology, through Presidents from the foundation of the society to the present day. This work is also well integrated in the leit-motiv of the Italian Society of Cardiology and it aims at merging innovation and tradition.



### SIC et Simpliciter

#### Direct line with associates SIC press

The aim of the paper is to start an interactive dialogue between SIC and the rest of the world, including not only the scientific world, but a larger context. It is time to acknowledge new interlocutors among national and international communities, such as the Italian patients, the Government, the Medical Institutions, the Media so as to spread our ideas and get valuable feed back. This is the aim of Professor Francesco Fedele, who serves as Acting Director, with a mark more modern and innovative.